

# Life Lessons

with Sandy Anderson  
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## 7 Secrets to Remember on Father's Day

**1. You're incredible.** *I am fearfully and wonderfully made. Psalm 139:13.* In spite of your shortcomings and imperfection you are God's masterpiece. Nothing you have done or ever do will diminish your value in God's eyes. The enemy wants you to fade away as an insignificant man. God says, "I will bless you and make your name great."

**2. You've got what it takes.** From Adam till today the enemy has tried to discredit you from being the person God has made you to be. When Daniel, my son was about 5 years old he took off the training wheels on his bicycle. One of the first things he wanted to do was to make skid marks on the road. Why? He wanted everybody to know he can do "crazy" things! Grown men are not much different from my young son. We want others to see. We want to leave a mark. I pray the Holy Spirit will supernaturally reveal to you, "You've got what it takes." Whatever God has called you to do, you can do. *I can do all things through Christ who strengthens me. Philippians 4:13.*

**3. You cannot be replaced.** One of the biggest lies the enemy has men believe, "You're insignificant. You are not making any difference." In reality, just the opposite is true. Every right choice you make, every time you resist temptation, every time you honor God and the relationships you're in, you're making a difference. Your sacrifice for the family cannot be replaced. *Let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. Galatians 6:9*

**4. You can do more.** No matter how stretched you feel, you can do more. That is one characteristic of a man that sets us apart. Men rise to the top when surrounded by adversities. Just think of the blood, gore and agony men at war have to endure. Well, life is a series of battles. You may have lost a few but in the end you are crowned to be a champion. Are you living like one? Every time you get up, give God first place in your life, work hard and have a spirit of excellence, you are making a difference in your family's future. You're the man! You can do more.

**5. You can speak words of life.** *Death and life are in the power of the tongue. Proverbs 18:21.* Words are like seeds. Isaiah said, "We will eat the fruit of our words." Your words will set the course of your life and of your family. Use your words to bless and not curse. Nothing else will build your child (no matter how old they are) than to hear you speak positive, affirming, uplifting words over their lives. Resist the urge to lecture when you find a fault. You can teach and correct but you can also be more forgiving and show mercy.

**6. You can break the cycle.** *For this purpose the Son of God was manifested, that He might destroy the works of the devil. 1 John 3:8.* Do you feel like you're stuck in a destructive cycle of mediocrity, and bad habits? You can change what "runs in your family." But first, you must understand that you come from a bloodline of champions – Abraham, Moses, David, Esther and Daniel. Your "elder brother" crushed the strongholds of darkness. Every time you persevere, remain faithful, and show kindness to others, you are storing up blessings and making it easier on the next generation. Be the strong man and ask the Holy Spirit to deliver you from the negative cycles of your life.

**7. You can forgive and bring blessing.** I know too many fathers who are at odds with one of their kids. What they've done against you maybe real. But the Bible says that love keeps no record of wrongs. Why don't you take the high road and throw the "record book" out the window? You're the father – the big man! Be the peacemaker. Take the steps necessary to reconcile today. I will guarantee you; you'll never regret forgiving. Forgiveness is setting a prisoner free and then discovering that the prisoner was you!

Must see video clip if you have a daughter:  
<http://youtube.com/watch?v=MLYxtuCOoRk>

Must see video clip if you have a son:  
<http://youtube.com/watch?v=Wy8hOOvM0t0>

Impressed? Touched? Motivated? Think what your Heavenly Father did for you! *John 3:16.*